



**NHS**

Musgrove Park Hospital

# Volunteering at Musgrove

**Could you spare a few hours each week to be dementia buddy?**

The hospital environment can be very unsettling and sometimes distressing for a person with dementia. Being able to spend time giving reassurance, companionship and engaging with activities such as reading and talking can be of enormous benefit for the patient and also their families.

**If you are interested in becoming a volunteer please do get in touch for an informal chat; we would love to hear from you!**

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